

MSAD #54 Curriculum

Content Area: PE
Unit: Baseball/Softball

Grade: 3-6

MLR Content Standard: **G. Movement/Motor Skills and Knowledge**: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

G1 Stability and Force

G2 Movement Skills

G4 Skill Improvement

I1 Cooperative Skills

I2 Responsible Behavior

I3 Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>Students</p> <p>G1 Stability and Force a. Demonstrate how body position can be changed to absorb force and decrease risk for injury.</p> <p>G2 Movement Skills Students demonstrate a variety of <i>locomotor skills</i> and <i>manipulative skills</i>.</p> <p>a. Demonstrate correct technique for a variety of <i>manipulative skills</i>.</p> <p>b. Demonstrate <i>locomotor skills</i> and <i>manipulative skills</i> in combination using changes in direction, level, or pathway.</p> <p>G4 Skill Improvement Students describe why practice is important to skill improvement.</p> <p>I1 Cooperative Skills Students demonstrate cooperative skills while participating in physical activities.</p> <p>a. Demonstrate active listening. b. Get along with others. c. Accept responsibility for personal behavior.</p> <p>I2 Responsible Behavior Students demonstrate safe behaviors and appropriate equipment use while participating in physical activities.</p> <p>I3 Safety Rules and Rules of Play Students describe safety rules and rules of play for games/physical activities.</p>	<p>Students will:</p> <p>Students will learn the proper mechanics of a baseball/softball swing.</p> <p>Students will learn how to throw overhand and underhand with directed aim and accuracy.</p> <p>Students will learn to catch a thrown and batted ball with a baseball glove.</p> <p>Students will learn how to hit, catch, and field in a game situation.</p>	<p>Lesson 1 -Throwing -Catching</p> <p>Lesson 2 -Batting -Throwing -Catching</p> <p>Lesson 3 -Game Play</p> <p>Assessment: Formative</p>

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