

## MSAD #54 Curriculum

Content Area: PE  
Unit: Basketball

Grade: 3-6

MLR Content Standard: **Movement/Motor Skills and Knowledge:** Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

**I. Personal and Social Skills and Knowledge:** Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

**G1 Stability and Force**

**G4 Skill Improvement**

**I1 Cooperative Skills**

**I2 Responsible Behavior**

**I3 Safety Rules and Rules of Play**

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p><b>G1 Stability and Force</b>  <b>Students demonstrate a variety of m</b></p> <p>a. a. Demonstrate movements that change the <i>center of gravity and line of gravity</i> during <i>dynamic balances</i>.</p> <p>b. b. Show how increasing speed and mass can change the force on an object.</p> <p>c. Demonstrate how body position can be changed to absorb force and decrease risk for injury.</p> <p><b>G4 Skill Improvement</b></p> <p><b>I1 Cooperative Skills</b>  Students demonstrate taking turns and sharing while participating in physical activities.</p> <p><b>I2 Responsible Behavior</b>  Students follow procedures for safe behaviors, including maintaining appropriate personal space, while participating in physical activities.</p> <p><b>I3 Safety Rules and Rules of Play</b>  Students identify safety rules and rule of play for games/physical activities.</p>	<p>Students will refine proper techniques of dribbling, the bounce pass, chest pass and overhead pass.</p> <p>Students will begin to learn basic rules of basketball.</p>	<p><b>Lesson 1</b>  -Dribbling  -Shooting  -Passing  -Review Rules</p> <p><b>Lesson 2</b>  -Review skills  -Game play</p> <p><b>Lesson play</b>  -Game play</p> <p>Assessment: Formative</p>