

MSAD #54 Curriculum

Content Area: Physical Education
Grade: 7-8
Unit: Floor Hockey/Field Hockey

MLR Content Standard:

- G. Movement/Motor Skills and Knowledge: Students demonstrate the fundamental and specialized movement skills and apply principles of movement for improved performance.
- H. Physical Fitness Activities and Knowledge: Students demonstrate and apply fitness concepts.
- I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

- G1 Stability and Force
- G2 Movement Skills
- I1 Cooperative Skills
- I2 Responsible Behavior
- I3 Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>Students:</p> <p>G1. Students change their motion and the motion of objects by applying the principles of stability and force during skill practice.</p> <p>b. Demonstrate how the point of contact changes the path of an object. c. Demonstrate how the point of release changes the path of an object. d. Demonstrate lifts and actions that decrease risk for injury.</p> <p>G2. Students demonstrate motor skills and manipulative skills during drills or modified games/physical activities.</p> <p>a. Demonstrate correct technique for motor skills and manipulative skills during drills or modified games/physical activities.</p> <p>I1. Students demonstrate cooperative and inclusive skills while participating in physical activities.</p> <p>a. Work together as a team. b. Respond appropriately to peer pressure. c. Manage conflict. d. Engage peers respectfully in activities.</p> <p>I2. Students demonstrate responsible personal behaviors while participating in physical activities.</p>	<p>Students will:</p> <p>Demonstrate how to pass and receive the ball/puck.</p> <p>Demonstrate how to correctly shoot and score a goal.</p> <p>Develop an awareness of game rules and be able to demonstrate rules during game play.</p> <p>Demonstrate cooperative and inclusive skills with self and teammates during game play.</p>	<p>Activities include:</p> <p>Dribbling and Passing Skills Shooting and Goaltending Skills Positioning and Game Rules Modified Game Play</p> <p>Informal Assessment</p> <p>Instructional Resources:</p> <p>Zakrajsek, D.B., PhD. Carnes L.A. Med & Pettigrew Jr. F., PhD. (2003) Quality Lesson Plans for Secondary Physical Education. Champaign, IL: Human Kinetics.</p> <p>Landy, J.M. & Landy, M.J. (1993) Ready-to-Use P.E. Activities for Grades 7-9. New York: Parker Publishing Company</p> <p>Lumsden, K. (2001) P.E. Games & Activities Kit for Grades 6-12. New Jersey; Parker Publishing Company.</p> <p>Online Resources</p>

I3. Students describe game/physical activity rules and safety rules and their purposes.

b. Explain the safety rules and possible risks associated with specific games/physical activities.